

# Points for the IDAHO® Potato!

SURVEY ENLIGHTENS AMERICANS ON THE  
IDAHO® POTATO DIFFERENCE

## TATER NATION

**97%** 230 million Americans eat POTATOES

4 out of 5 eat potatoes once a week or more

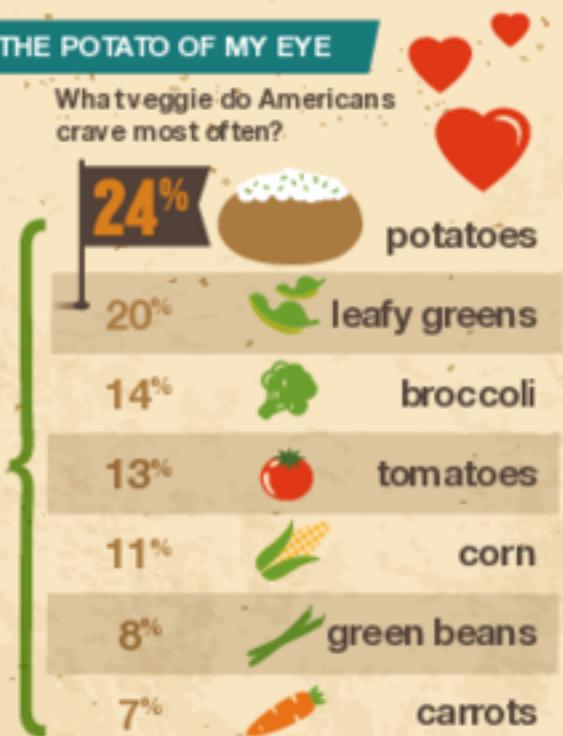
4/5

In the last five years, this figure has increased by one additional day per week



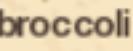
## THE POTATO OF MY EYE

What veggie do Americans crave most often?



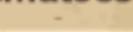
potatoes

leafy greens



broccoli

tomatoes



corn

green beans



carrots



## POTATO PREPARATION

How Americans like their TATERS

**BAKED**  
**MASHED**  
**POTATO**  
**CHIPS**  
**FRENCH FRIES**  
**HASH BROWNS**  
**POTATO SALAD**

25%

29%

17%

5%

9%

4%



## IT'S GOTTA BE IDAHO

When I Say Potato,  
You Say Idaho!



9/10

9 in 10 Americans say they associate potatoes with Idaho more than any other state in the nation

72% (170 million) of Americans would be inclined to eat Idaho® potatoes over potatoes from other states



72%



## WHAT AMERICANS DON'T KNOW

78% don't know potatoes have more POTASSIUM than bananas.

93% don't know potatoes have more VITAMIN C than bananas.



[www.idahopotato.com](http://www.idahopotato.com)

Survey was conducted in 2014 among 1,000 nationally representative Americans aged 18 and older, using an online interviewing technique.

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