

Points for the IDAHO® Potato!

SURVEY ENLIGHTENS AMERICANS ON THE
IDAHO® POTATO DIFFERENCE

TATER NATION

97%

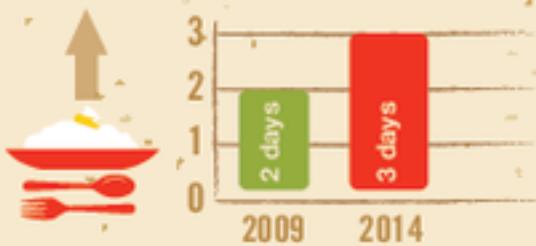


230 million Americans eat POTATOES

4 out of 5 eat potatoes once a week or more

4/5

In the last five years, this figure has increased by one additional day per week



THE POTATO OF MY EYE

What veggie do Americans crave most often?



potatoes

24%



leafy greens

20%



broccoli

14%



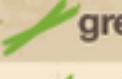
tomatoes

13%



corn

11%



green beans

8%



carrots

7%

POTATO PREPARATION

How Americans like their TATERS



IT'S GOTTA BE IDAHO

When I Say Potato,
You Say Idaho!



9 in 10 Americans say they associate potatoes with Idaho more than any other state in the nation

72% (170 million) of Americans would be inclined to eat Idaho® potatoes over potatoes from other states



WHAT AMERICANS DON'T KNOW

78% don't know potatoes have more POTASSIUM than bananas.



78%

93% don't know potatoes have more VITAMIN C than bananas.

93%



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Survey was conducted in 2014 among 1,000 nationally representative Americans ages 18 and older, using an online methodology and an online survey.

Please visit idahopotato.com for more than 1,500 nutritious and delicious Idaho® potato recipes. For daily updates and to be part of our social media community, follow us on:



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Idaho Potato video